



**SOMAIYA**  
**VIDYAVIHAR**

K J Somaiya College of Arts & Commerce



**K. J. Somaiya College of Arts and Commerce, (Autonomous)**

**Vidyavihar, Mumbai 4000 77**

(College with Potential for Excellence 2016)  
(NAAC Reaccredited with 'A' Grade CGPA 3.33)

**Report of 33 st Gyan Yagya Jan 2022**

K J Somaiya Trust, Somaiya Sanskruti vihar and Somaiya Vidyavihar organised 33 Gyanayagya from 01.01.2022, Saturday to 31.01.2022, Monday in two sessions 8.00 am to 9.00 am and 9.00 to 10.00 am on line

It was truly International Event when Smt Purva Medha Prabhu Joined from Canada and Gita devi Dasi Joined from Atlanta USA. They spoke about Food in Vedic Traditions and Bhagvadgita Kalikale. It was A remarkable event where all corners of India people have joined in our 33 Gyana yagya as Virendra singh from Haridwar, Dr.Harshdev Madhav and Dr, Harinivas Tiwari from Ahamdabad Acharya Manishji From Chandigadh and Dr, Avadhesh pandey from Kheti Acharya Yogendra Yagnik from Hoshangabad Madhyapradesh

First session was on Indian scriptures where Dr. Shakuntala Gavade Dr. Madhavi Narsaley and Acharya Dhananjay Vyas spoke on Upanishad, Dr. Harinivas Tiwari, Param Pujya Vijuben Rajani Pujya Kaushik Mharaj explored our Puranic traditions, Param Pujaya Tanmayanada Sarasati spoke on Vedantic Traditions along With Dr, Natvar Joshi spoke on Shankar Vedant. The life sketch Of Shankaracharya was beautifully delineated by Annany Govtrikar and Takshil Khanvilkar in a Dance Drama directed by Dr. Prasad Bhide

The second sessions were on the practice of Indian Culture in our day today life First week was Yoga Week which was coordinated by Dr. Prakash Sony Ms. Rita Dhame , Ms. Kirtida Desai Deepak Bagadia and Vishu Jaiswal Showd all practical aspects on Asana Pranayam Shuddhikriya and Mudra Vijnana

Second and Fourthweek was on Mental Health and Nutritions

Third week was Cultural week Where Pritam and Deepak presented Devotional songs in Hindi, Smt, Aruna Ganphule and Smt, Savita Moghe presented Classical songs where Anita

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Shekatar made te devotional Mood, Ms. Sunita Gangrade down with fever still she performed melodious Gazals. We viewed Sanskrit Drama Vidya tu Bhasmasat bhuta In the forth week of Health and Nutritions We have live demonstrations of Dr, Riddhi Gordia and Dr. Mugdha Joshi on useful excercises when we work from home from Physiological Department. From same Department We had Dr. Pothiraj And Dr. Tejal Pardeshi shown Exercises for Old people. Ms. Renuka Panchal on spoke on Indian Psychology Guruji Sudhir Dave Revealed the secret of Prana Vidya

**Organizing Team**

Ms.Babita Krishnan

Ms.Shriya Pawar

Dr.Veena Sanekar

Dr. Mrunal Bhatt

**Resource persons from Vinay Mandir**

Dr, Prakash Soni

Mrs. sharada Panchal

**Resource persons from The somaiya school**

Mrs. Anita Shekatkar

Sagar Mestry

Rita Dhame

Ms. Kirtida Deasai

**Resource persons from K J Somaiya college of Science and Commerce**

Smt, Savita moghe

**Resource persons from KJSAC**

Dr. Prasad Bhide

Dr. Ananat Dwivedi

**Resource persons from Dhamma Studies**

Vishnu Jaiswal

**Coordinators**

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KJSAC

Dr. Hemali Sanghavi

Dr, Priti Dave

DEd

Mali Mamta

Sadhana Mali

K J S College of Science and Commerce

Mr. Anshul Gupta

Dr, Unnati Padalia

Dr Hecna Shah

Meena Sharma

Dr. Reema Khanna

The somaiya school

Smt. Nandita choghule

Radhika Bhadabhade

Dhamma Studies

Dr.Bhagyashree Bavare

Dr. S P Jain

Balasaheb Wagh

Ms. Reshma kamble

IT Team from Engineering college


1 Amey Rane

2 Ashish Patil

3Anaji Patekar

4 Vinayak Shitole

5 Bhushan Baravkar

  
I/C Principal  
K. J. Somaiya College of Arts & Commerce  
Vidyavihar, Mumbai - 77



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