



**SOMAIYA**  
**VIDYAVIHAR**

K J Somaiya College of Arts & Commerce



**K. J. Somaiya College of Arts and Commerce, (Autonomous)**

**Vidyavihar, Mumbai 4000 77**

(College with Potential for Excellence 2016)  
(NAAC Reaccredited with 'A' Grade CGPA 3.33)

**Report of 32 Gyan Yagya (2020-21) organized Online**

Our founder Padma Bhushan Shri. Karamshi Jethabhai Somaiya, started Gyan Yagna -a Spiritual sessions in the Somaiya Vidyavihar campus and since then we have been following the tradition by organising these sessions every year in the month of January.

However due to pandemic situation, we had organised these sessions on a virtual platform. These early morning sessions were on our spiritual heritage hidden in Sankrit texts like Veda, Upanishads, Yogadrshana and various texts. These discourses were held by renowned speakers from all over India. These spiritual sessions were dedicated to improve one's spiritual, mental and physical well-being.

We use to start the live sessions from 8:00 am to 9:00 am.

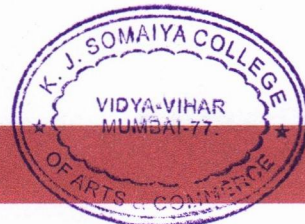
on youtube link is attached  
along and can be viewed at any time

Somaiya Vidyavihar youtube channel link(Webinar Live Broadcast):  
<https://www.youtube.com/c/SomaiyaVidyavihar-Mumbai>

As It is said in Bhagvad Gita by lord Krisna in the Tenth chapter of Vibhutyoga that "Masanam margashirshoham" 'I am *margashirsha* month amongst all Months. So it is a tradition to listen to the Glory of almighty. This month roughly fall in the month of January. Our founder shriman K J Soamiyas Love for Sanskrit and spirituality is well known. So ever January is a spiritual feast for all in Somaiya vidyavihar

We have commenced this Gyanyagya with the topic "*Krishnatattva* in Bhagavad where Acharya Dhananjaybhai Vyas has spoken about various roles played by Krishna which ultimately tell us to realize the true nature of one self.

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The last chapter of Aranyakas are Upanishads where essence of Veda are revealed This secret and Intimate teachings are encapsulated in Isha , Katha and Mandukya Upanishad Which were discussed By Dr. N. N. Joshi and Dr. Madhvi Narsaley.

Dr. Nirmalpremajji Guruji spoke on Science of Miracles and Para Advaita (Kashmir Shaivism) which is the pinnacle of Vedant Philosophy.

Vice Chancellor of Chinmay University Dr. Gauri Mahulikar spoke on *Vivek chudamani and anubandha Chatustaya* that is *Vishaya Prayojana sambandh* and *pramatru* of learning Shankara Vedant She in her lucid Style mesmerized the listeners about Brahmabhava.

Dr. Prakash Soni spoke on Science of Living and *Prekshadhyana*. He practically demonstrated meditation technique.

Brahma Kumari Sis. Pramila Rao spoke on how to remain Calm in Crisis, how to maintain Sweetness in Relationship and our good Karmas are Key to a happy life.

A doctor and Professor in K E M Hospital Dr. Vijay khatri explained how Satisfaction is key to success and Tolerance - The King of all virtues  
Mr.Rajsingh Verma spoke on Emotional Independence and Three Dimensional Health Care of Mind body and soul

We had Four Lectures on Bhagvad Gita where Dr. Prasad Bhide spoke on A Practical approach to Bhagvad gita. Dr. Sharmila Virkara philosopher, analyzed Modern Interpretations of Bhagvadgita by Ranade Tilak and many more. Dr. Manali londhe spoke on Bhagvadgita in Todays time , how it helps in solving our todays problem. Dr Priya Vaidya Analysed Swami Vivekanands Thoughts on Karma Yoga.

Modern values of environment awareness is emphasized by Dr. Namita Nimbalkar. How these values are woven in religious practices are describe by her. Dr. Parineeta Deshpande chairman of P V Kane research chair , Asiatic Society, has traced the origin of these values in Vedas

Shri. Sudhir Dave is a famous motivational speaker demonstrated how to develop Awareness and remain healthy by Removing Negativity



Dr. Bhagyashree Bavare from Dhammastudies spoke on Cosmology described in Rigveda with reference to Nasadiya Sukta, Purush sukta and Asyavamiyasuktam.

Principal of Swaminarayan arts college Ahmadabad and running Famous you tube channel namely Sanskrit sahitya evam Sanskriti spoke on Purushartha chatushtaya namely Dharma Artha Kama and Moksha.

He also spoke on "prasparam bhavyantah shreyah pramavapnuhi" relevance of Bhagvadgita.

Dr. Aandprakash Tripathi is renowned scholar from Latanu Rajasthan spoke on Yoga as discussed in various Indian Traditions and made it relevant in *Anekantavada* of Jainism

Chief Coordinators  
Dr. Veena Sanekar  
Smt. Babita Krishnan  
Smt. Shriya pawar

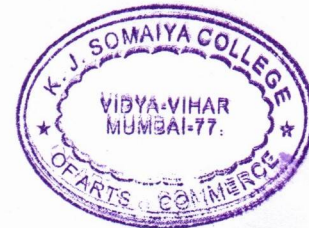
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Dr. Priti Dave  
Dr. Prasad Bhide  
Sucheta Nalawade

Coordinators from K J Science and Commerce

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Mrs. Deepa Ganatra

Coordinators from Ded college  
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Coordinators from bed. College  
Ms. Takshssheela  
Mrs. Vidya Ramesh

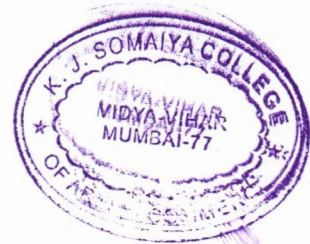
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Ms. Reshma kamble

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Dr. Bhagyashree Bavkar  
Resource persons K. J Somaiya college of Arts and Commerce  
Dr. Prasad Bhide

Resource persons S.K Somaiya Arta, Science and Commerce college  
Dr. Manali Londhe  
Resource persons from Vinaymandir  
Dr. Prakash Soni

  
I/C Principal

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