



SOMAIYA
VIDYAVIHAR

K J Somaiya College of Arts & Commerce



K. J. Somaiya College of Arts and Commerce, (Autonomous)

Vidyavihar, Mumbai 4000 77

(College with Potential for Excellence 2016)
(NAAC Reaccredited with 'A' Grade CGPA 3.33)

Report of 31 Gyan Yagya (2019-20)

Our founder Padma Bhushan Shri. Karamshi Jethabhai Somaiya, started Gyan Yagna -a Spiritual sessions in the Somaiya Vidyavihar campus in 1989 and since then we have been following the tradition by organising these sessions every year in the month of January.

Padma Bhushan Shri. Karamshi Jethabhai Somaiya was pained to see the indifference of youth towards Sanskrit, sanskriti and samskara. Our scriptures are cradle of Indian culture and heritage. It is a treasure of spirituality and great traditions. Young student should not only be made aware of our great scripture but also love and respect our Indian culture. With this motive he invited great Saints and Sages to speak on Sanskrit texts Veda, Upanishads Purana and Bhagvadgita etc.

This year the First Spiritual Session of morning has been commenced by Param Puja Svamiji Avadutanand where he elaborated Stotra *Bhaja Govindam* Composed by Shankaracharya. Param Puja Ashish also spoke on The Power of Trust. Svamini Atamadikshita Sarasvati Spoke on *GURU paramapra*-Great Traditions of our Teachers. Param Puja Vijuben Rajani in her fiery style discussed the social issues in the Family. She put the Relation between Mother and Son , Father and Son and husband and wife which are stuck in a Dilemma. Brahmakumari Pramildadi narrated the stories related to Karma and Vikarma. She also explained virtues like endurance etc. Bramakumar Dr. Vijay Khatri in his soft style and soothing speech narrated the importance of meditation and acceptance of reality.

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Param Pujaya Svamini Tanmayananda Sarasvati of Mannan Ashram and Disciple of Swami Tadrupanda gave sermons on Upadeshasara – a compilation on the essence Advaita Vedanta. Svami Tadrupananda explained *Nirguna Manasapuja* written by Shankarcharya . It is a beautiful Stotra on Advaita Vedanta.

On the morning Second Session on Health and Religion we had Diverse Speakers enlighten us on important topics of health like Dr. Mayur Revadkar on exercises to be done after fifty years, Dr. Riddhi Goradia on Physiotherapy, and others spoke on how to prevent heart attack, keeping knee and joints healthy, keep away from Alzimmers etc. These lectures were in collaboration with Rotary club Ghatkopar. We had the lectures on *Prana vidya* by Sudhir Dave and Tanubhai Khatau. Dr. N N Joshi Spoke on Isha Upanishad and katha Upanishad, Dr. Prasad Bhide Spoke on Bhagvad Gita Swami Vitthal and Dr. Prakash Soni spoke on Yoga in Daily life.

Cultural sessions were held in the evening which was a great success. Dr. Prasad Bhide presented the prize winning Sanskrit Drama Devashuni, Which was appreciated by the audience. Mrs. Pritam –A staff of KJSAC presented musical evening. Mrs. Sharadaben Panchal music teacher in Vinay Mandir along with her student presented many popular Gujarati songs. Music teacher of Somaiya School presented a classical songs, hers students also presented melodious songs. Folk songs and dance *Haryarasa* was presented by Bhaskar Barot. A women Group Bhatiya Mitra Mandala presented group dance. There were many musical evening of hindi popular songs were presented by Svarmskar Academy and Svarasamskar Acedamy, and Lehare groups. Shri Atul Pandya, Shri. Truptaraj, Shri. Hansraj Satra, Smt. Kirtiben, Shri. Pankaj Mehta, Shri. Mahesh Gondalia, Shri. Deepak Parekh, Smt. Nisha Mehta, Smt. Smita Rasal, Smt. Kalpana Santosh, Shri. Rajabhai, Shri Haresh Mehta- Manava, Smt. Anila Mehta, Shri. T V Gopalaji, Shri. Ashvin Thakkar, Smt. Charu Trivedi, Smt. Kokila

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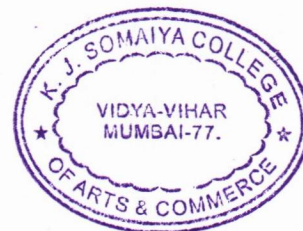
Porecha, Shri. Jiten Thakkar, Shri. Sushil Maheshvari, Shri. Subhas Shah, Shri. Rajanikant Mehta, Shri. Rajesh Kansara, Smt. Mona Desai, Shri. Hemal Busa, Shri. Dinesh Kamdar, Dr. Asha Bhatia of Svara Samskara Acedamy presented popular Hindi songs.

Dr Mrunal Bhatt, Dr. Hemali Sanghvi, Dr Priti Dave, Mr. Shashank Nikumbh, Mr. Nilesh Agarwal, Ms. Kinjal Mehta and Ms. Namrata Vadera from K J Somaiya college of Arts and Commerce coordinated the events. From Dhamma studies Dr. S. P. Jain, Sis. Reshma Kamble, Sis. Bhagyashree Balave, Bro. Gautam, Balasaheb Wagh, and Varsha Shah coordinated.

From Vinay Mandir Dr Prakash Jain, Mrs., Amiben, Mrs. Shardaben Mr. Lanke coordinated the event. From SK Somaiya College Dr Aparna Jain, Dr Shruti Chavarkar, Dr Meera Rajavat, Mr Dhaval Bhatt, Ms. Vaishali Kharat coordinated the events.

One week course on Yoga and Meditation were organised by KJSAC From 24th-31st January Dr. Mrunal Bhatt in collaboration with S K Somaiya Vinay mandir Dr. Prakash Soni where Mediation sessions were taken by Brahmakumari Pramila didi.


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