



SOMAIYA
VIDYAVIHAR

K J Somaiya College of Arts & Commerce



K. J. Somaiya College of Arts and Commerce, (Autonomous)

Vidyavihar, Mumbai 4000 77

(College with Potential for Excellence 2016)
(NAAC Reaccredited with 'A' Grade CGPA 3.33)

Report on 30th Gyanyagya (2018-19) organized at Somaiya Vidhyavihar Campus

As per the dream of our founder Padmabhushan Shree Karamshi J. Somaiya, students, teachers & members of Somaiya Vidyavihar Campus, should be acquainted with Indian Culture & tradition rooted in Sanskrit Texts. In the journey of 30th long years January Month is spiritual & cultural festival for all Somaiyates, Where values, moralities, ethics, health etc. are discussed in the Pandal created near K.J.Somaiya College of Science & Commerce, D.ed College & in front of Aurobindo Building.

Morning 6 to 7 AM Sessions are spiritual feast where well known saints & Sages of Modern times gives sermons on Bhagvadgeeta, Vedant, Puranas & Upanishadas. Second Session of 8 to 9 is a special session of teaching of Yog Darshana where Asana, Pranayama & Dhyana are taught by well known exponents of Yoga philosophy. In this sessions not only Mental health but Physical health is also discussed by various well known Doctors.

The Evening sessions are Cultural feast for not only Youngsters but of all age. Where well known Artists from the field of Drama, Music & Dance are invited to perform their best in the field.

This Year P.P. Swami Avdhutanandji spoke on importance of health in modern times. P.P. Swami Anubhavanandji spoke on core of Vedanta philosophy, the path leading to salvation i.e. Atmabodh. P.P. Mahamandaleshwar Acharya Pranavananda Saraswati spoke on Meditation on Soham as described in Vedanta texts. P.P. Swamini Tanmayanandji Saraswati explained philosophical Sanskrit Texts Vakyasudha in detail. P.P. Swami Tadrupanandji spoke on 18th Chapter of Bhagwadgeeta.

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In the second session of Mental health & spirituality P.P. Swami Omanandji Saraswati, a great exponent of Yoga Darshana spoke on vedic tradition described in yoga darshan. Another great teacher on Yoga Darshana Yogacharya Shree Kanubhai Khatau spoke on Pranashakti, which is whole & sole of Human life. Yogini Shah & Devang Shah spoke on yoga for overall development of one's life. Vijayanka Shah spoke on effects of Global warming & lifestyle changes on our health. The spiritual foundation of Brahmakumaris is very active to spread the awareness about meditation and its benefits. Rajyogini Brahmakumari Naleeni Didi was invited to speak on Human nature, conflicts in one's life & peace is a solution to everything.

In collaboration with Lion's Club of Ghatkopar we could invite well known doctors in the field of medicine. The topics were very much related to public health like Heart-attack, Arthritis & Diabetes. They spoke on causes & solution to prevent these diseases.

In Evening Sessions of cultural feast Singer Nirmal Thakkar and Megha Antani gave singing performance on Gujarati Sufi Poems named as Brahmanaad. Well known Gujarati poet and Actor Hiten Anandpara and Dilip Rawal presented audio-visual program on melodious Hindi songs – Sham Rangeen Hui Hai. Shreemad Vallabh Bhatiya Mahila Mandal Presented Poetic Drama on Jai Yamuna Shree Govardhannath. Gujarati Actors presented travel diary on real story of Philadelphia by one act play. Jigisha Rambhia Soni, Arvind Vedant & their team given fabulous singing program "Mattho Paanjo Molak" in regional Kutchhi Language. Raj Aiyar & team presented Deshbhakti Songs. Raju Shah & Hansa Varia, Suresh Joshi, Rekha Trivedi given singing program on Gujarati Songs. While on Gandhi Nirvaan Day Actor Paresh Vora performed One Act Play on Mara Asatya Na Prayogo.

In the Series of Hindi Songs Sudhir Gandhi & Group performed singing performance on Dil ne Fir Yaad Kiya, Nilkanth Kansara & team sung Hindi songs under the title Diwana Mujsa Nahi, Singing Div's, Shila Verma Group and A.S.K. Group gave performance under the title Ek Pyar ka Nagma Hai & Pankh Hoti to ud Aati respectively. Exom Atul Pandya & Guinness World Record Holder Mr. Truptaraj Pandya on Tabla gave performance on Dil Hai ki Maanta nahi. The Mahefil of old songs were created by Kalpana Mehta and team with title saying Bhooli Bisi Yaade. Blind Atul Mehta also given performance on Sur Ke Bina Jivan Suna also called Swar Sadhna. Also singing program titled Lambi Judai, Sunahare Nagme,



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T R U S T

Abhi na Jao Chhodkar were given by Golden Era Group, Ashok Mistry & team and Sargam Group. Chandrika Thakkar & Gurukrupa Music School Students Sung Bhajans of Bholenath while Madhur Milan Bhajanvarga's ladies given performance of Devotional Songs. Another fabulous Old Hindi Songs performance was given by Mahesh Gondaliya & team members under the title Gayeja Geet Milan ke & one was by Music station group on Fir Vohi Raat Hai. To give an unforgettable experience of Music theory one program was organized on Ye Sham Mastani, in which everyone was amazed and danced on the Music.

[Signature]
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